



Introducing: The Bridge e-newsletter

It's time for another e-newsletter and, if you let me, I'd like to share my interesting points with you.

First, we have decided to call our e-Newsletter "The Bridge" because it reflects the Association's tagline, "The Bridge between School and Life." And, obviously, this e-Newsletter will be one of the main means of communication with all members of the MBS Alumni.

Secondly, I'm happy to share with you that one of the former English teachers of MBSSKL, Dr. Eric Wong, have volunteered to be the Editor of our e-Newsletter. With him on board, I'm sure you can see all the improvements in this issue itself. (By the way, although he was not a student of MBSKL,

he is an Honorary Member of our Association.)

Next, I'm pleased to announce that the Management Committee of the Association decided to appoint Jonson Chong as the Executive Secretary of MBS Alumni with effect from May 2010. We believe that not only is he amply qualified but he also has the right MBS Spirit we've been looking for.

Last but not least, your Management Committee has just finished its first year of office. After the conclusion of the AGM, we will try our best to fulfill our responsibilities for the remaining second leg of our two year term.

Anyway, I hope you'll enjoy the inaugural issue of The Bridge and share it with your former schoolmates.

Cheers!



The Editor pens...

It's great to be back to MBS, doing some thing for the Editorial Board. It has been many years but all the while, I've been in touch with my old boys such as Peng Wah, Weng Choon, Hoy Hoong and others. And it's a greater feeling to be working with them in the MBS Alumni, especially in the Newsletter.

In this issue of the Newsletter, there are articles about the activities organized by the Alumni – the Proton trip and the CPR. Perhaps our old boys should pen a line or two about their greatest moment in MBS. I'm sure our boys had done great, great things within the confines of the school. Share in the fun. Keep the articles flowing. **B**



Low Kong Ming (standing second from left) hangs out with fellow schoolmates during a recent reunion.

Low Kong Ming's story of his MBS story

I started studying in MBS in 1946, just after the Japanese occupation. The school was then located at High Street, now Jalan Bandar, next to the present Police Station. My schoolmates include Chu Tham Sang & the late Liu Kwai Choong.

We then have to bring along our own chair to the school and take it back after classes. Pencils and erasers were very important to us because we have to write on the exercise book with pencils and then erase our writings in order to use the same pages again. We bring along tin water containers

& tin mugs. Plastic cups were deemed a prized possession. We go to school in whatever

barely have the basic necessities of life. Subsequent to my return to civilian life some years later,

We go to school in whatever clothes we have as there was no school uniform then. The teachers were all Europeans and they were very strict. School hours were from 7.30am to 3.00pm. Many of us have to go and help our parents in their business after school and do our homework late at night. The naked electric bulbs at home were not bright and we have to finish our homework fast to save electricity.

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During my service in the army, which includes a posting as peacekeeper to the Congo under the UN the flag, I have seen the hardship suffered by the poor people there who

I was recruited by Mr Thong Hon Keong, the then President of MBSOBA. I have been a committee member with the MBSKL alumni association since 1972, holding various positions in the management committee.

It is very heartening to see the fire and passion of some alumni members who volunteer their services in ensuring that the alumni is properly run and provide good support to the school's activities. The fellowship among our alumni members during our various events and gatherings, since the early days up till now, are very much treasured by me. **B**



PROTON – here we come

The upper secondary school boys from Forms 4 to 6 were given an opportunity to visit the PROTON Manufacturing Plant in Tanjung Malim on 11th May. Indeed, there was thorough excitement! Students do not usually go on field trips these days.

The Proton representatives briefed the students on how cars are manufactured by using robots. It was quite an experience looking at how the robots could work so competently.

Through the generous sponsorship of RM800 from the Monash University Sunway Campus, the school chartered a bus for only RM600. What happened to the balance of the

RM200? Of course, it was spent buying the famous Tanjung Malim Chinese dumpling (pau).

A Monash University representative from the Mechanical and Mechatronics Engineering Department accompanied the boys on this trip. His aim was to provide career counselling for the students.

The aim of such a trip was to help our students think of their career path at an early age and also for them to remember that the Alumni Association bridges the link between the School and the Industry.

Overall comment – a worthwhile trip! **B**



Students, teachers & alumni members



Alumni members at Proton



Stephen Ng with Proton HR exec



Proton plant manager briefing visitors



Famous pau shop where students & alumni bought pau home



THERE'S ALWAYS SOMETHING TO LEARN:

the CPR Workshop

One doesn't know when it becomes handy. But we need to know how to use it.

This is the CPR or the Cardio Pulmonary Resuscitation Workshop held on 8th May at the Yong Chee Seng Block and the School Hall.

Dato' Dr Lee Hoo Teong, the Head of the Federal Territories, St John's Ambulance, facilitated the workshop on CPR. He presented the ABC of first aid

that involves the 4Ps and they are:

- Preserve life
- Prevent further injuries
- Promote recovery
- Protect the unconscious

Dr Lee demonstrated how to handle the unconscious and when the victim is choking. For children, CPR should be done with two fingers and in a situation when the child is

choking, hold the child down on your lap and slap the back of the child.

After the theoretical lessons, the group was divided into three smaller groups and led to the hall where practical lessons were conducted on dummies donated by the General Practitioners' Association. The participants had a swell time learning under the guidance of

the St John's Ambulance Paramedical Staff doing the CPR. They discovered how difficult it was to do the Heimlich manoeuvre.

Tired and aching, the group completed the session in our tuck shop to some excellent teh tarik and also curry puffs and kueh with the compliments from the MBS Alumni.

Overall, it was an enlightening session, helpful and useful knowledge to acquire in case of emergency. An applause was given to the MBS Alumni and Dato' and the scouts followed it up with a 'Thank you' yell.

The next activity to be organized by the Alumni will be on how to cook delicious food. But don't forget the forthcoming MBS Annual Dinner in One World Hotel! The Alumni will forward to your participation. **B**



Dr. Ho Shu Nam showing CPR technique



Datuk watches Boy Scout in action

There's Always Something to Learn is a monthly activity that teaches Alumni useful skills. Do not miss the next one!



This guy on the ground is a Datuk



You do what?



Excuse me, Sir, are you okay?!



No answer, then how?



Got breathing or not?



Don't pinch the nose, okay?



Now you chop the head and tilt the head



You do it like that



Now you know what to do if someone chokes?



Get your stance right



Then you pull in!



Low Kong Ming giving the dummy a hand

Upcoming Events for MBSalumni Members:

MBSKL Alumni Association Annual Dinner 2010

**Saturday, 26th June 2010
7.00 p.m.**

Maple Junior Ballroom,
One World Hotel

Cost: RM120

Contact:

Jonson Chong 012 296 1276
Loke Kwok Lim 016 928 7799
Allan Yap 012 237 6326

AGM MBSalumni

**Saturday, 26th June 2010
2.30 p.m.**

Lecture Theatre, MBSSKL

Inter-Methodist Alumni Fellowship Golf 2010

Friday, 23rd July 2010

Glenmarie Golf & Country Club

Cost: RM350

Visit to Sunway Medical Centre

**Tuesday, 6th July 2010
2:00 p.m.**

Sunway Medical Centre

Contact:
Stephen Ng 012 334 7880

Qigong Classes

Every Sunday, 7:00 am
Bukit Jalil Park

Contact:
Ho Chee Wah 019 335 8433